

QUESTIONS TO ASK YOUR ASTHMA SPECIALIST

During your visit, be clear about what you want to get out of the conversation. Use the questions below as your guide or to capture notes from your discussion. Let the specialist, such as an allergist or pulmonologist, know how asthma is impacting you or your child. If you or your child continue to experience symptoms despite your current treatment regimen, it may be time to speak with a specialist.

1 What is uncontrolled asthma?

2 Why do asthma attacks continue to occur, despite taking asthma medicines and following a treatment plan?

3 Can asthma be triggered by allergies?

4 What is an Immunoglobulin E (IgE) test and how is it used for people with asthma?

5 What can I do to reduce exposure to allergic triggers?

6 In addition to staying away from allergic triggers, what else can I do to reduce the risk of asthma attacks?

7 What can be done for allergic asthma if symptoms continue after taking an inhaled corticosteroid? Are there other types of treatment available?

Looking for more information? Visit allergicasthma.com